PETE
(Parkia Speciosa)
untuk
imPOTENSI
15 tahun terapi pete
Bambang Subaktyo EDV.F.T.
P E T E
(Parkia Speciosa)

f / o r

imPOTENCE

18 years - pete therapy
1995 - 2013

Bambang Subaktyo EDV.F.T.
I have no THRONE\(^1\)
only a modest TREASURE
and INHERITANCE did not exist

Just 'Cinta-Kasih-Sayang' (CKS)\(^2\)
and 'Ilmu Pengetahuan' (IP)\(^3\)
that I can give as heritage

to

Zulvia, my beloved wife,
Putri, Ratna and Eko, my loved kids
and his friends as the next generation.

This book is a an embodiment of CKS + IP

Hopefully this book of pete therapy will bring health,
life, happiness and prosperity, much better in the future.

\(^1\) THRONE = tahta, TREASURE = harta, INHERITANCE = pusaka
\(^2\) Sorry, I can't find any matching word in English for 'Cinta - Kasih - Sayang'
    Cinta is LOVE to God, Kasih is Love to somebody (human, any God's creature),
    and Sayang is Love to Environment.
    - If someone Sayang to the Environment, that's mean he/she Kasih to anybody.
    - If someone Kasih to anybody, that's mean he/she Cinta to God.
\(^3\) 'Ilmu Pengetahuan' (IP) = SCIENCE & KNOWLEDGE
Foreword

It was early July 2012, I was shopping at a supermarket in Tebet, South Jakarta. There I met a 'patient' of pete therapy, 67-year-old man who sell herbal in front of the supermarket. As usual, I always ask each 'patient', how long he has been following the therapy, is there any good news, is there any health progress achieved, and whether there are any effects of 'slow-vixgrx\textsuperscript{1})' perceived, etc..

The old man was seen happy to see me, he looks fresh and vigorous, he excitedly told me how he had managed to relieve aches which often haunt his life before the therapy, how he felt the freshness and full of energy, he feels healthy and ready to do any hard (physical) work, but ... he says, he just runs the pete therapy for around 10 days, not yet the full 2 weeks as I have suggested. However, he has felt the change of health, a change in his body. Furthermore he told, since 5th day the urine was not smelled (stinky), and when I asked about the effect of 'slow-vixgrx' ... he instead gives the expression: 'This has been a few days ago, both of us always wake up in the morning together!' ... I was baffled by the phrase 'both of us' ... then he said again, 'the Otong\textsuperscript{2}) always wake up first!'. I would like to know further and ask him if it does not happen before the therapy ... the man replied: '... no!'.

I could not resist my curiosity, and asked another question: 'Don't you get confused with this situation ... with the presence of the life of the Otong back then?'. I don't need to tell you here what his answer. Please feel free to improvise yourself.

You certainly do not believe that the resurrection of Otong's life
was due to therapy pete!?

How could pete that's called in English 'Stink BEAN' or 'EVIL BEAN smelling' aka the odor source was able to make the Otong wake up from a long sleep? Give new vigor to the Otong!?

Anyway, it's normal if you do not believe that the pete has the effect of 'slow-vixgrx'.

It's hard to believed, the fruit is not considered so far, which has nothing special was said to have the effect of 'slow-vixgrx'. Let's try it with the following statement:

Eating pete does not stink! ... Pee does not smell of urine after eating a pete!? I am sure, you would say:
   Nonsense!
   Impossible!
   No way!
   LIAR!
   Dreaming!

Pee does not stink is not impossible, miracles is present in pete fruit (Parkia speciosa), a fruit that is often avoided because of the smell, which is underestimated or more vulgar: being hated because of it's smell. There is a hidden secret behind the odor that hated by many people. The fruit has the ability to maintain health by cleansing the blood/the body of impurities/toxins/poison\(^3\) and a myriad of other secrets.

I and thousands of people (as 'patients') already know this. We've got the sensation. They are no odor when we pee, after taking part in therapy pete!
Well ... sure assured! Pete is a 'slow-vixgrx'! ... pete can improve the quality of 4X4\(^4\), pete is for impotence. I say this based on my experience over 18 years researching pete, I know the tides in the affairs of male biological needs, when/why did this ability disappear and how the therapy can restore the ability in a matter of days. Many 'patients' of the therapy sense the changes of their lives after this therapy. No need to bother anymore, when needed, the reaction to be alive is fast enough, it is clear that the long-sleep Otong can be bounce back in a matter of days. They gain improvements in their marriage. Many male participants say: 'What important for me: my wife is happy!'

Well ... for the happiness of all your marriage, for 'Cinta - Kasih - Sayang' I wrote this book 'Pete 4 impotence'.

Jakarta, September 1, 2013

\(1)\) Slow-vixgrx, replace the letter 'x' with 'a', because I do not want to be blamed by the manufacturer of the drug enhancer

\(2)\) We use Otong as nickname for penis

\(3)\) Poison here are the chemical stuff that put in the food that people eat or pesticide that uses in agriculture or anything else that given in animal stockbreeding to get a greater harvest or growth, to make a bigger profit in their business

\(4)\) 4X4 is a bedroom, the husband-wife relationship, sexual happening in the bedroom
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PETE AS HERBAL MEDICINE

Pete: Parkia speciosa

After eating pete does not stink! ... Pee does not smell of urine after eating a pete!? Surely you would say:
   Nonsense!
   Impossible!
   No way!
   LIAR!
   Dreaming!

People say pete stink, eat petes will produce and emit that bad smell (odor)!
Eating a pete will definitely smell, very unpleasant, pungent urine!
People called Pete as Stink bean! In fact, some say 'evil-smelling bean'!

But I still dare to say that it does not smell after eating petes. There is absolutely no smell of urine, pee does not smell of bad odor, also sweating does not smell of pete, indeed it tasted fresh, the body feels healthier, even easier defecation (provided by some participant of therapy pete!)

In 1995, I read an article about pete written by professor Hembing who said pete can clean up the blood. There is a hidden secret in pete. The fruit has the ability to cleanse the blood/body of impurities/toxins/poison. But the article does not provide information on how to eat a pete to be beneficial. So I think, I have to find out how to consume (recipe) pete. I started a research personally with my own body as an experimental one,
then finally I found out that by eating petes on a regular basis based on my recipe, on 4th / 5th day if someone defecate or pee will not smell as bad as the first day eating pete.

For 15 years, I just gave Pete therapy to people in just limited circle, with the intention that I can monitor and record the changes in their health, then in the year 2010 or 2011, I started to spread the therapy widely. At the beginning of the initial dissemination of pete therapy, its spread so slow, so many people who doubt the ability of pete, they are questioning, denying or refusing to try or to use the therapy. In early June 2012, there were only about 600 people who participate in therapy, but in early July 2012 was approximately 1,200 patients, and at the beginning of August 2012 there were about 2000 people who perform the therapy.

Certainty that after the 4th or 5th day performing the therapy, when urinating the urine does not smell anymore, this sensation has been experienced by all participants of the therapy and it builds their confidence in the miracles that exist in pete. Especially after the completion of therapy pete (2 weeks) then pause (not eating pete) for a few weeks/months, and then you eat pete, it turns out that the urine still does not smell!

The urine does not smell after eating a pete gives an indication that the blood/blood vessel/body is clean of any dirt (impurities)/poisons/toxins. Well if the blood is clean, then there are a variety of diseases that could be cured. The patients have felt the change/improvement of the quality of their health. Various therapeutic experience of pete is not described in this book, but in the first book about petes: 'PETE THERAPY'. Changes that are so easily seen/felt, occurred in a relatively short time with a fairly simple recipe therapy was successful in convincing
the participants of therapy.

After conviction that appears thereafter, then this therapy spread out more easily, the participants become volunteers to spread the therapy further and more widely, providing this therapy to brothers, sisters, family, relatives, friends and communities where they live, the told their success stories.

**PETE IS 'SLOW VIXGRX'!**

Pete is a 'slow-vixgrx!' Pete can improve the quality of 4X4, pete is for impotence.

According my experience in the affairs of the male biological needs during a dozen years, I know the moments where the body's condition is in the worst position (bad enough), that's when I didn't eat pete for a long period, or had eaten much food that containing poison/toxin, and there were the moments in life where passion was so downhill (downgrade), had less power to perform 4X4. Well, then I know (feel) it, I have to perform the major therapy immediately ... and within 2-3 days of therapy, the passion and the power was alive again, jacked up by the pete, back into prime position again.

The span of time (the cycle time) the arousal or the passion decreased depend on the person's life, in accordance with the conditions of many things, whether he/she has enough/lack of exercise, eating less of healthy food or eating lots of fast food (bad food), the amount and variation of poison/toxin which the food-traders put into certain foods, etc.. That period certainly varies for each person (for me: it could span from 1.5 years to 2 years without eating pete, for others could be longer or shorter), well when it comes to the X time, the life's passion could decline
significantly, and if it is not addressed quickly, not corrected immediately, will make someone's life in trouble, we could achieve the status of impotence. Once the symptoms of the arrival of X's, I immediately perform the full pete therapy. In a short time, life became passionate again. I did it in 15 years!

Many participants of the therapy got a similar experience, they performed the therapy and they get more powerful passions in a relatively short time, in an easy and inexpensive way. Participant of the therapy have gotten their health back and got the added bonus of power in the affairs of 4X4.

**BOOKS ABOUT PETE**

I wrote three books about petes, the first book: "THERAPY PETE" now in version 5, written in August, 2013, the second book: 'PETE 4 impotence' is a summary of the the first book, specifically showing the efficacy of PETE (Parkia speciosa) to overcome impotence that is currently a scourge for many adult male. Then there is a third book, just a compact one on how to eat pete properly: 'PRESCRIPTION of THERAPY PETE'.

With this 'PETE 4 impotence' I offer a relatively inexpensive healthcare solutions, invites the public to perform a pete therapy to get health, life, happiness and prosperity. The husbands (men) will get the extra benefits that increase their virility power, as well as bringing happiness in their domestic life. Giving their wives more happiness in the sexual relationship for finding 'Cinta-Kasih-Sayang'.

Why do we have to follow an expensive course to treat impotence? Pete can help flip over the condition from impotence to
potentially in a matter of days. The trick? Easy, look at PETE THERAPY PRESCRIPTION.

This Book (PETE 4 impotence) consists of 5 sections:
- First section: 'PETE AS HERBAL MEDICINE'
- 2nd section: 'SEXUAL RELATIONSHIP'
- 3rd section: 'PRESCRIPTION PETE THERAPY'
- 4th section: 'CLOSING MESSAGE'
- 5th section: 'BIOGRAPHY / DISCOGRAPHY'

The first section: 'PETE AS HERBAL MEDICINE' is the paragraph you are reading.

In 2nd section: 'SEXUAL RELATIONSHIP' tell some symptomatic change to male power in sexual act, which previously showed less passion for life, then adding durability, restore strength, more stiffness, and so on.

In the 3rd: 'PRESCRIPTION THERAPY PETE', contains recipes/ways to consume petes, and petes to keep the benefits/health care.

In the 4th: 'CLOSING MESSAGE', I write messages about using pete's therapy, and matters related to the pete.

In the 5th: 'BIOGRAPHY / DISCOGRAPHY', contains a summary of my life's journey. This section only exist in Indonesian version, for the English version would be added later.

If readers wanted to prove immediately the efficacy of petes to increase courage or curing impotence, please just read directly the 'THERAPY PRESCRIPTION PETE', where pete therapy described in detail, and there are pictures that explain how the
process of setting up pete.

Warning: Beware of the power of PETE! Do not eat raw reckless 1 linear (board) of pete for a few days continously, you can get pain in your lumbago/back. For your safety, use the recipe that I have tested over a dozen years. Why pete is so dangerous, is written in the first book (THERAPY PETE), in section 'EXPERIENCE of PETE THERAPY'.

Please try pete therapy, welcome to a healthier life, more alive, more vigorous, happier and hopefully you will make your partner happy.
SEXUAL RELATIONSHIP
HUBUNGAN SUAMI-ISTRI

Under normal conditions, each person might need a life partner, except for some people who are different in character, in mentality or maybe in culture. At first, every person, whether man or woman would compete with each other to impress the opposite sex. They compete with each other to be able to invite someone to a wedding/marriage or maybe just for sex. Well after getting married, every couple needs to give each member (to each other) of born-inner satisfaction, it is not enough just to be kind from one to the other, not quite just giving a helping hand in a variety of household activities alias help each other in completing various household purposes, or it's not enough just to bring a paycheck home ... of course it all just common matters! But what about the 4X4 as a ligature ties of love between husband and wife, between couples? What about the couple's biological needs?

Many domestic relations cracked or shattered because the relationship in 4X4 did not go smoothly. Although all needs have been met with great though, such as the husband gives big money to his wife, providing a luxurious home, providing some nice cars, providing housewares complete and luxury, several maid and driver to be prepares for her ... but if the 4X4 matters not properly fulfilled, the husband giving unsatisfactory service to the wife or more often not satisfactory enough ... or otherwise she does not give satisfactory service to her husband, then opened the thoughts to seek fulfillment outside the home, outside their marriage, and going adultery.

Currently, there are many possibilities for someone to not be able
to provide spiritual care in sexual relationship. It can happen because of many things, because of circumstances and of stressful competition at work, due to circumstances and the conditions of metropolitan life that is full of frenzied (hectic), or it could be due to wrong diet that occurred in a long time, eating fast food (bad food) or eating malnutrition foods in prolonged years ... all factors that can cause the body/organs decreased its ability, there is severe stress due to work pressure, the pressure of non-conducive environment (not fun, not safe!?), there are so many fast food that's not healthy for the body offered by so many food traders, there are many toxins such as formaldehyde, borax, textile dyes, preservatives, etc that are mixed in a wide variety of food ... that all can cause damage to any organs of the body, decreased it's ability, and then came the erectile dysfunction. No reaction of the Otong despite being passionate. The person experiencing impotence!

I heard stories from friends or relatives about their friends who was aged just around 40 years old but has begun to lose strength, has became a lackluster, no longer in a passionate affair of 4X4. You can imagine how the couples feel, despite their wives are still hot in the 40's, how do they expect any good service from their husbands who apparently were not be able to perform because of the physical-psychological state of weakness affecting the husband's ability in sexual act. Can you imagine what happens in between those couples. Or maybe you, yourself have been in this position!?

Many men trying to rectify the situation by looking for drugs booster's for special passion like the blue pill (vixgrx), or cialis, or anything else. Tried to seek treatment at specialized clinics for virility (manhood) or go to shamans or other means (ways). Of course the cost is quite expensive, once visited on one of the
famous clinic could spend tens to hundreds of dollars. While the blue pill could cost you tens to fifty dollars each bottle, its bring also the risk of heart attack, or stroke; the patients can be killed while expecting temporary passion in his life. Although there are also people who are already old enough even bought the pills just to be able to enjoy the earthly (not heavenly!) satisfaction for the last time, a sort of last request before dying.

Why search for drugs or treatments that so expensive? Petes can help you. It's so easy, and the cost is also relatively cheap. Provided that you're not afraid of the odor that produced by pete, anyway ... the smell was just there in the first 4 days of therapy pete, on day 5 the smell should be gone away and the passion should arise, slow but sure thing!

Pete is a herbal medicine, which is safe for consumption by any person, as long as you consumed as prescribed and not in excess. Be eating pete, do not be afraid of such risk as the risk of the blue pill, even pete will help calmed down the heart, helps the heart working, to help avoid the possibility of a stroke ... why!? Because blood/blood vessels/bodies/organs has been cleansed by pete ... then the passion shows (grows) up, the blood pressure will be spread evenly throughout the blood vessels; cholesterol and all previously granules clog is cleared by pete, so heart attack and stroke can be avoided, or minimized. When it comes to passion, passion in 4X4, blood pressure appears to be channeled through the body's organs easily and should be giving you a passionate life. Certainly its effect is different from the blue pill, which stimulate the heart to pump blood in a hard way ... it could wake up the otong for a day or two, thereafter it slumped again ... or even limp forever alias died of a heart attack or stroke.

There are many participants of therapies that might have felt the
change. For those who are actually quite healthy will feel a change in the 4th or 5th day of therapy, passion and courage will soon be rising. For those who are elderly or have a disease, they need a longer treatment time to get the same effect, usually it would been achieved on day 7 then they would get the passion and courage.

For normal people, although on the 4th day they might have gotten back the passion, the therapy should be run to completion (2 weeks), so the validity period of the passion could stay longer.

Some around 60 year old friends who participate in therapy was asked by their wives if they drank any tonic booster after their action in 4X4. It's was not the case, it's because pete. They send short messages to me: "The main thing is: my wife is in happier state".

In addition to the 67 year old man story in the beginning of the book, there was a 77 year old man who previously had heart disease, he had participated in therapy, thereafter he felt a change in his health, he had check his health in the laboratory and got the results: heart was healthy, blood sugar was in safe state, cholesterol, blood pressure, gout were in good state; and I heard there was awakening passion too, the otong has been awaken. He is then being obsessed with eating pete everyday.

!!! Pete does not cause instant reaction (fast effect) as the blue pill, the process requires a few days of therapy. That's why I call it a 'slow vixgrx'.

1) SUAMI-ISTRI = HUSBAND-WIFE
   HUBUNGAN SUAMI-ISTRI = HUSBAND-WIFE RELATIONSHIP, SEXUAL RELATIONSHIP
   For Indonesian, I focused this part just for married couples relationship, but anywhere else in the world, it's can go further, this pete therapy is for anybody who need more power in the sexual relationship.
PETE HELP CURE DISEASE

PETE does not always cause odor.
To this day, in early August 2012, almost every article about pete on various internet blogs or a lot of research in foreign countries still refer to petes as 'STINK BEAN' or 'EVIL SMELLING BEAN'. Obviously, they have not found the ultimate secret pete, a pete does not always cause the odor!

Me and ALL participants of pete therapy, no longer urinating smelling urine. Urine, sweat, feces no longer stinking. Stinking just happen to people who only occasionally eat petes.

Pete, as said by Prof. Hembing, is a blood purifier, and when we eat petes, petes will work to clean the blood/body/organs of the human body, impurity (dirt)/poison/toxin is removed from the body through urine, perspiration, and defecation. So, if you eat a pete once in a while, then pee (urine) will be greatly stinks, which is the act of the super-pete. The next day, impurity/poison/toxin will accumulate again. Well if in a few days/weeks later that person eating a pete, then the urine, perspiration and defecation will smelling so bad, stinking!.

Impurities/toxins/poison is formed from lifestyle, from food, drink, drugs, etc; thats we consume everiday for many years, or maybe decades; day after day, impurity/toxins then accumulated to becomes a burden to the various organs of the body, the heart, liver, kidney, brain, nerves ... etc.. finally comes a disease, causing organ damage, organ that failed to function, pain, gout, arthritic symptoms, heart disease, stroke, etc.. Well pete shed, destroy all impurities/toxins then released it through urine, defecation, and also sweat, issued in an unpleasant odor.
But if we perform pete therapy for at least 5 consecutive days, the body (blood, organs, etc.) will be cleaned continuously, then on day 5 urine does not smell anymore! This is the secret power of pete. After completion of therapy, even if the 'patient' was eating a pete 2 weeks or 1 month later, the urination giving no odor.

During my own trials of Pete therapy for a dozen years, I only prescribe pete therapy to people in a limited circle, only to my wife, children, servants, and close friends. Since the year 2010/2011 I offer to a more broadly my friends, more wider audience, pretty far, and then I wrote on facebook, I pass it on to them using short messages (SMS), email; and if there is a chance, I told everyone I have come across.

Since 2011, 2 close friends who are 'ahli pengobatan alternative'\(^1\), joined, they runs pete therapy for themselves and then participate disseminating this therapy. Until the beginning of June 2012, the three of us managed to persuade 600 people to participate in therapy. In June 2012 alone, I managed to get about 30 new 'patients', while the two friends were able to distribute to more people. In early July the number of participants has doubled in amount, about 1200 people. That number is not just the result of our effort but also widely spread out by the participants who had managed to get healthcare. There are many of them who managed to tell 5 friends or relatives, some got only 1-2 people, but some are also successful in getting 20 people, furthermore varied ... as usual, some are not successful in getting people to participate in therapy pete. According to our estimates, at the beginning of August 2012, were about 2,000 participants pete therapy.
PETE THERAPY AND IMPOTENCE

I've run pete therapy for 18 years (1995-2013), I feel sure assured how pete therapy has been maintaining my health over the years, I have never been so sick that I have to visit the health institutions or meet a medical professional. And most importantly, I knew this was pete thats cleanse the blood, blood vessels, removing impurities/toxins/toxin out of the body/organs of my body, which then frees the circulation of blood to all organs of the body, especially to the organs that need extra power at that particular moment when we have to do 'BATTLE 4x4'.

Since I socialize pete therapy, I noted a lot of things experienced by the 'patient'. Pete therapy successfully provide health to many people. Of the 2,000 patients, they have gained over their health changes. There are various symptoms of the disease gradually recovered, many participant feel the improvement in physical strength and health. Participants get an extra sexual power along with the recovery of virility their health. The man who previously lost their virility power, feel the passion changes their life. Some the patients who old enough experienced the return of their manhood, increasing their strength to make their partner happier.

There is a 67 year old man who participate in therapy, since the 7th day, he always wake up together with his Otong ... He says: 'really, the Otong get up first!'. There is a nephew, Zusmar, 30 year old, participate in therapy, since the day 5 he feel a signifikant additional power. A magazine vendor in Sarinah Manggarai, Gordon, 35 year old, also feel the signifikant extra energy that came from day 5, then he recommends to 5 friends of the same age who also managed to record the additional power. There are some 60-year-old friend also noted the success of generating passion, and they just say: 'what important is: my
wife is happy!'.

One of the alternative medicine expert, said, the wives of some of patient demand that their husbands to be treated with pete therapy and apparently they have succeeded to raise up their sexual relationship's quality.

There are so many stories from the patients who succeeded, it can be concluded that pete is really able to raised up the sexual excitement in their life, providing up to 2X as much extra power than before the therapy, especially for young male. For the older male (60 year old and up), pete successfully reawaken the Otong who previously so difficult to awakened, re-excited, re-energized, enable to give satisfaction to their partners.

Based on my experience doing pete therapy for 18 years, I want to spread the good news to all men wherever you are, pete therapy is good for your health and could prevent us from impotence.

Looking at the ability of the pete fruit, I even dare to mention the pete fruit as 'fruit of life', as 'the fruit of happiness'.

Let us achieve 'Cinta-Kasih-Sayang' with pete. Easy and inexpensive without side effects!

**Acknowledgements**

To all readers of this book and everybody who enjoy the benefits of pete therapy, please be thankful to those who have become pioneers (as 'patients') in this therapy. Thanks to the 'patients' who have been willing to become a 'kelinci percobaan'\(^2\), who have tested the therapy. Also apologize, because I never said
anything about acting as 'guinea pig'. Thank you - thank you, you all have helped proving this therapy. I am grateful to Mr. M. Nasro S.H. and Mr. Agung (2 ahli pengobatan alternative) who has helped spread the pete therapy, they have managed to pass on to hundreds (thousands) of their patients and their reports on the success of the participants.

1) traditional healers, alternative medicine experts, alternative treatment specialist, someone who have the capabilities of alternative treatments/medicines,

2) kelinci percobaan => guinea pig, experimental object (subject)
PETE THERAPY RECIPES

Pete, petai, peteh, Parkia speciosa

Pete fruit for health
Pete fruit for Impotence

BENEFITS OF FRUIT PETE

In the beginning of May 2012, there was a lot of news appeared on the internet about the pete, which describes a pete as a fruit that gives beneficial to health. The news circulated through short messages (SMS), email, mailing lists, BBM and other media. When I perform a search (searching, googling) on the internet, I found thousand sites (blogs, pages) related to the keyword "buah pete" or "Parkia speciosa". So many sites, were about the research in research institutions/universities abroad, about existing content in the pete fruit, about how pete has been used in various countries, about to plant pete tree, about how to grow pete, etc.. But, of the many articles, papers, thesis, etc., it is not/has not been told how to consume petes (way/recipe) as a drug/treatment/healing. Recent data (July 2013) when googling: 17,200 sites (blogs, pages) related "buah pete", 44,100 sites related to "Parkia speciosa”.

Recipes / HOW TO CONSUME PETE

How to consume a pete for health and happiness, use 3 recipes:
A. MAJOR THERAPY
B. WATER BOILED PETE'S SKIN (POD)
C. PETE REFILLING
A. MAJOR THERAPY

Purpose: to cleanse the blood, the body, any organs in sustainable process, discard/cleaning/decay/destroying impurities/poison/toxin that stacked intentionally or unintentionally for years or even decades.

Duration of therapy: 2 weeks for those who are healthy, or up to 45 year old. For those who are older or alreay has the disease or even has various diseases should take longer, be a month or several months.

Amount of pete required: 2 linear (board) each day, 1 linear at lunch, 1 linear at dinner. Why should it be at lunch/dinner, not at breakfast? Because people used to eat just a little at breakfast, while lunch is usually complete and a lot.

Tools needed: iron mug (stainless steel, aluminum) with a diameter of 8 cm or small saucepan + lid, scissors/knife, bowl.

How: cook about 200 ml water in the mug, while waiting for water to boil, wash pete (still with skin/pod), a pete was cut as wide as 2 or 3 pieces of pete fruit. When the water is boiling, put the pete pieces into the mug, boil (cooked) about 1-2 minutes. After 2 minutes, remove the pete pieces, chill/soak in a bowl of cold water. Remove the seeds/fruit of its skin. Seeds/fruit petes ready to eat, can be eaten just like that or eaten with side dishes (lunch / dinner). The 2 minutes boiling water can be drunk as well, mediocre taste (bland, not bitter), in order that I can monitor the worm is as a laxative.

Until the 3rd or 4th day, urination, urine (pee) still smelled of urine, may be the sweat smells a little bad. BUT, entered the 4th
or 5th day, urine will not smell anymore! MAGIC right!? Day 6 and subsequent urine, its does not smell anymore! Body will feel refreshed, sweat, stamina and durability will also increase, better than before the therapy.

Figure 1) Mug iron (diameter 8 cm) and the lid. To prevent that the steam does not come out when boiled pete, closed the mug with its lid. (Sorry, the mug lid was not in the picture)

Figure 2 & 3 When you cook using a mug with a lid, just use the water as much as 2/3 cup (Figure 2), or 200 ml in pint glasses (Figure 3), but if you just do not have a pot (mug) with a lid, use enough water, so that the pete are in the water when boiled.
Figure 4 ... as the water is poured into the mug iron. Turn on the stove, cook the water until boiling. Meanwhile, prepare the pete ...

Figure 5) Take (cut it with knife/scissors) 1 linear/boards of pete from pete's bunch.
Figure 6) Cut the pete skin's fringe around 1-2 mm. This is so that the existing sap in pete's skin will be able to get out when pete and its skin boiled in water.
Figure 7) When water is boiling, cut the pete by 2 or 3 eyes immediately put it into boiled water.

Figure 8) Then, pete boiled for 2 minutes (about 2 - 3 minutes).

Figure 9) After boiling for 2 minutes. Pete was taken from the mug.

Figure 10) Then soaked in a bowl of cold water (to be cooled).
Figure 11) Pete fruit is separated from its skin.
Figure 12) Pete fruit has been removed. But still wrapped in the epidermis. Husk (epidermis) wrapping the pete fruit may be eaten, or discarded, it up to you. Some people say, it could reduced the odor of pete in your mouth.

**B. WATER BOILED PETE'S SKIN (POD)**

Goals: utilizing pete's skin, supporting the MAJOR THERAPY
Tools needed: same as MAJOR THERAPY, scissors/knife, iron mug.
Long process: 2 minutes and 11 minutes.

There are 3 ways to use a pete peel fruit (pod):

B.1. That 2 minutes decoction of the pete's skin and pete inside the pod in MAJOR THERAPY can be directly taken (drunk) as a (helminth) laxative. Drinking the pete's skin herbal decoction, helping the process of cleansing the body/blood.

B.2. Pete's skin as waste in MAJOR THERAPY issued, can be used to make a 11 herbal decoction. Do not dispose of the pete's skin,
cut/slice the skin with a knife (or cut with scissor) into small slices, put the slices into the 2 minutes boiling water. Boil it again for 11 minutes. Then, that slices of pete's skin can be thrown away (there are some people who also eat the slices, it up to you). After the water was cold, could be drunk mixed with honey, sugar, tea or just so raw. Based on personal trials, 4 times drinking this boiled water (2 +11 minutes) of pete's skin can heal gout, arthritic symptoms that I suffered for many years. Some people who have drunk the same boiled water, stating the same thing, the aching/stiffness when moving the joints disappeared.

Figure 13-14) Pete skin cut into small slices.
B3. Usually when cooking foods with pete as ingredients, such foods like 'sambal goreng pete', its pete's skin (pod) is not used. You can cook (boil) the pete's skin, drink as a cure for gout or arthritis. For those who do not like to eat petes but had symptoms of gout or arthritis, this is the cure, just boiled pete's skin, no need to eat the pete fruit.

C. PETE REFILLING
Purpose: cleaning blood/body between MAJOR THERAPY

After performing the 2 weeks primary therapy, we can pause the therapy. Its up to you, how long you take pause or how often you
eat pete in a week or in a month. But, I suggest we that perform PETE REFILLING, by eating pete for 2 - 3 days every month, 1 - 2 linear pete a day, boiled 2 minutes as well. If the pee began to smell the odor again, or feeling loss of energy/endurance, perform the 2 weeks MAJOR THERAPY above. Without pete refilling, the decreasing of body endurance occur after 1-2 years since last MAJOR THERAPY, so you'd be better discipline to perform pete refilling every month and perform MAJOR THERAPY at least once a year.

RELATIVELY LOW COST
Performing pete therapy is still relatively cheap, the price of petes is relatively cheap. We need pete for 2 weeks, 2 linear per day = 2 x 7 days X 2 linear X Rp. 3500 (price as of August 2012) = Rp. 98.000, - (ninety-eight thousand rupiah). The cost for 2 weeks performing the major therapy is just a little less than 10 US$ to maintain our health. It's enough to keep us away from various diseases, we can save the cost of health care in health institutions, the cost to pay medical professionals. Its savings could be worth many times, tenfold or maybe even more.

For those who have a chronic disease or are elderly, they need a longer treatment time, could be a month to 3 months, and after the recovery, they needs to run pete refilling once a month just the other. Even, if you have to perform this therapy for a month or more, the cost therapy is still relatively cheaper than the cost of treatment with chemical drugs. Compare the cost of the 2 weeks therapy (10 US$) with the insulin's price, about 20US$ for 3 to 5 days.
WARNING: RAW PETE
When we eat a pete, urine will smell of bad odor, stink! It's because pete cleansing the blood, blood vessels, and so on. Pete in a raw state has the power 'destructive' strong, stronger than papaya leaves thats often used to wrap the raw meat for tenderizing it. Meat before it is cooked, serve as satay or other dishes, wrapped first with papaya leaves or dusted with powdered papaya leaves. Buffalo meat, that is tough (hard) will soften after wrapped in papaya leaves for about 30 minutes. PETE has more power than papaya. This is why it should be cooked for 2 minute, and also consumed on lunch or dinner. Do not eat raw petes in large numbers, especially continuously.

MY EXPECTATIONS
I hope there will be many more who like to try pete therapy to overcome their diseases. If you succeed to overcome your sickness, please share your stories with me, then we all will build an experimental system using pete for health care the people of Indonesia and the world.
CLOSING MESSAGE

On August 31, 2013, as I surfing (googling) on the internet with the keyword 'Parkia speciosa', I got 47,500 sites/pages which turned out to be research reports on petes from various countries: Malaysia, Thailand, Singapore, India, China, Australia, Germany, USA, etc.. They were so diligent in doing research, from finding the substance contained in the pete fruit, pete skin, how to plant, look for pests in pete plantation, to ... packaging pete for shipment. Indeed, their research in the use of pete for treatment are still at the stage of how substances (extract, essence) petes used to fight certain diseases, from diabetes to breast cancer and prostate cancer. Their experiments still use the mice, or laboratory test between cancer cells mixed with substances pete, while I've tested directly to human with the recipes I test to face some disease that I know. I wrote more detail in the book 'THERAPY PETE'.

This RECIPES of PETE THERAPY in this book are obviously more advance than foreign research which still using mice or laboratory test. My recipe is easy to follow, can be used immediately, truly rewarding and providing benefits to many people.

The RECIPES I found had managed to cure some diseases and successfully restore the male virility. I wrote this book especially for impotence problems, to help many couples wherever they are, so that they could maintain their sexual relationships in best condition.

I hope there will be more people who like to participate in therapy, young and old, men and women, in order to obtain health care at reasonable cost. Male participants get another
bonus, a stamina and endurance in sexual matters. For athletes, they can use pete therapy to get extra power, energy, stamina and endurance.

rakyat di pedesaan akan menanam pohon pete, akan mendapatkan keuntungan dari pohon pete, rural people will plant a banana tree, will benefit from a banana tree,

Pete can be used to achieve the prosperity of the people and welfare, both in terms of health care, happiness, and can improve the economy of the rural people as a pete farmer. Begin planting pete! Pete has been studied in many foreign countries, they will soon get to the stage of usage pete - when a lot of people abroad will look for pete, the demand will arise, and petes will definitely valuable. In this case, M Nasro SH already had called people in his community to plant thousands pete trees in several counties around Kendal, Central Java.

Jakarta, September 1, 2013

To contact me, please email: subaktyo@yahoo.com
The last NOTES:

This book, Pete 4 imPOTENSI, just about pete to cure impotence.

I started with this book, I say, you can have pete to cure impotence ... => PETE FOR IMPOTENCE.

But, many participants have allready got their stamina and durability in their sexual relationship.

Now I can say: choose between PETE OR IMPOTENCE.

Actually, in 3 years (from 2010 - 2013), I have found, that pete really can cure so many disease, from diabetes, gout, rheumatic high blood tension, low blood tension, etc - etc., I wrote about these in the first book: "PETE THERAPY" version 5, August, 2013. I'll try to translate the book into English, ASAP.

If the blood is alreadly cleansed, the blood vessel and any other organ getting its cell regeneration through this therapy, you should feel refreshed ... healthy, vigorous and so on.